

Honoring a  
**LIFETIME TRUSTEE**  
of The HAP Foundation



**Dr. E. Dennis Murphy**

Each month, The HAP Foundation recognizes a Lifetime Trustee for their extraordinary contribution to end-of-life care. This month, we are proud to recognize Dr. E. Dennis Murphy.

Dr. Murphy was a founding advisor and served as Chairman of the Board of Hospice of the North Shore (later known as Midwest Palliative and Hospice Care) in the Chicago Area. He held a strong focus on medical ethics and hospice and palliative care. His fierce advocacy and leadership are to be remembered.

The HAP Foundation is deeply grateful for Dr. Murphy's contribution to

hospice care in Illinois.

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## **HAP & EPEC Clinical Education Program**



This spring, the HAP Foundation, in partnership with Education in Palliative and End of Life Care (EPEC), will begin a 12-month, cohort-based clinical training program focused on adult palliative care in home- and community-based settings, for rural Illinois Providers. With funding support from the Morris Family, this clinically focused program includes monthly virtual training sessions, along with ongoing networking and collaborative learning opportunities throughout the year. Sessions will be led by Joshua Hauser, MD, Gordon Wood, MD, Sara Dado, LCSW, and other regionally and nationally recognized experts in the field of home- and community-based palliative care. We encourage nurse practitioners, physician assistants, registered nurses, social workers, chaplains, community health workers, certified nursing assistants, and emergency service personnel to take part in this opportunity. The program will kick off at an in-person, full-day conference on April 17, 2026. For more details and to enroll, visit

the [website](#).

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## **Daily Herald: Lake County Community Health Worker Learning Collaborative**



Last month, we shared that The HAP Foundation has been selected by the Hunter Family Foundation, the Healthcare Foundation of Northern Lake County, and the Steans Family Foundation to lead the Lake County Community Health Worker (CHW) Learning Collaborative and Medicaid Reimbursement Initiative. The launch of the project was also featured in the Daily Herald. Read the full article [here](#), and watch for updates in future editions of HAPpenings.

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## **Illinois Pediatric Learning Collaborative: February Session**



Tomorrow, HAP and SIU Medicine are hosting the first Illinois Pediatric Learning Collaborative session on Pediatric Hospice and Palliative Care Legislation. This is a free educational session for any professional working or interested in working within pediatric hospice and palliative care. Register [here](#).

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## **Start the Year Strong: Review Your Beneficiary Designations**



It's tax season, which makes this the perfect time to review not only your financial documents but also your beneficiary designations. Ensuring that each account has an up-to-date beneficiary helps guarantee that your assets will be distributed exactly as you intend. Beneficiary designations allow you to specify who will inherit your assets without needing to update your will or trust, and in most cases, they take precedence over both.

Most financial institutions now offer easy online tools to update your beneficiaries, making this an efficient task to complete. You can also use beneficiary designations to support charitable organizations. Leaving a gift to charity through a retirement account is especially tax-efficient because these funds were contributed pre-tax, and qualified charities can receive them without paying taxes.

If you decide to name The HAP Foundation as a beneficiary, please

include our Federal Tax ID (EIN): 36-3820916. To learn more or to discuss your estate planning goals, please contact Christine Post-Duncan [cpost-duncan@thehapfoundation.org](mailto:cpost-duncan@thehapfoundation.org) or 312-741-1280.

## **Join the Conversation!**

The Community Health Learning Collaborative (CHLC) is a monthly convening of Community Health Workers (CHWs), Promotores de Salud, Community Health Representatives, CHW Allies, community members, and clinicians that provides opportunities to discuss emerging issues in community health, share organizational announcements, and experience fellowship with like-minded individuals. Each CHLC convening includes education programs to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check HAP's [community education page](#) for recordings of previous sessions. To learn more, contact Maureen Burns at [mburns@thehapfoundation.org](mailto:mburns@thehapfoundation.org).

Please join the CHLC for a virtual session on Friday, February 27, 2026, from noon to 1:30 p.m. CT. This session will feature Jonathan Eig, the Pulitzer Prize-winning author of *King: A Life*. As we celebrate Black History Month, we invite you to this moderated discussion on the life and teachings of Dr. Martin Luther King, Jr. Please email [mburns@thehapfoundation.org](mailto:mburns@thehapfoundation.org) to receive an invitation and link for the virtual meeting.

Please join the CHLC for a virtual session on Thursday, March 26, 2026, from noon to 1:30 p.m. CT. This session titled "Integrating Nature-Based Solutions into Healthcare Systems" will share information about the health benefits of nature and deepen one's own personal relationship with nature. Participants are encouraged to have a journal with them during the session and to join from a natural setting, if possible. Please email [mburns@thehapfoundation.org](mailto:mburns@thehapfoundation.org) to receive an invitation and link for the virtual meeting.

## **Upcoming Community Support Groups**

### **Dementia Caregiver Support Groups**

Join us for The HAP Foundation's Dementia Caregiver Support Group, offered virtually. Monthly sessions provide family caregivers of

individuals with Alzheimer's or other forms of dementia with education, guidance, and a supportive community led by trained Community Health Workers.

- Join us virtually on Wednesday, March 4, 2026, from 10:00 to 11:00 a.m. CT via Zoom. [Click here to register.](#)
- Join us virtually on Wednesday, April 1, 2026, from 10:00 to 11:00 a.m. CT via Zoom. [Click here to register.](#)

## **Grief Circles**

Are you grieving someone's death? Are you looking for support and community with others who are grieving? This group, facilitated by HAP Community Health Workers, uses peer support to build community among participants while honoring and processing grief. It is open to any adult who is grieving the death of any person.

- English group: Tuesday, March 17, 2026, from 6:00 to 7:30 p.m. CT. [Register here.](#)
- Spanish group: Wednesday, March 18, 2026, from 6:00 to 7:30 p.m. CT. [Register here.](#)



 The HAP Foundation

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