



Join Us!

April 2024 Session of Community Health Learning Collective (CHLC)

Our April session of CHLC will feature Zoya Sirota, who is the Learning and Development Manager for Trilogy Inc. Zoya will be providing our group with Mental Health Awareness Training (MHAT). The objective of Mental Health Awareness Training (MHAT) is to increase awareness of and sensitivity to the needs of individuals with or at risk for mental illnesses. It provides tools to recognize when someone needs help and education on how to respond. MHAT explores barriers individuals experience in accessing care, the impact of stigma, and how we can combat it, as well as an overview of the signs and symptoms of various mental illnesses.

Trilogy's mission is to provide comprehensive integrated care that enables people in mental health recovery to build meaningful and independent lives. For more than 50 years, Trilogy has provided people across Chicago and beyond with support to recover from mental illness and move toward stability.

**Thursday, April 25th, 2024,
12:00pm-1:30pm CST
Online via Zoom**



Registration

***You must register in advance*
Please use the below link to
register and a Zoom link will be
emailed to you!**

[Click Here to Register](#)



thehapfoundation.org