



March 2024

We hope you enjoy this month's HAPpenings at HAP.

Meet our AmeriCorps Senior Workforce Volunteers in Peoria County!



Our AmeriCorps Seniors volunteers are dedicated community members who find joy in helping others. We are excited to share some of their feelings about this program.

AmeriCorps Senior Workforce Program Update



Twelve volunteers were selected for the AmeriCorps Senior Workforce Program in Peoria, Illinois. These senior volunteers are currently undergoing training and attending educational programs from the Illinois Public Health Association to become Community Health Workers (CHWs). These volunteers will connect members of their communities to health care and social service organizations to improve health outcomes and to remove barriers for service. Partners include Solvera Health, Salvation Army, Alzheimer's Association, Family Core, and B'nai B'rith.

Hospice and Palliative Care Research & Education

AmeriCorps Week was celebrated March 10-16. The theme for this year's celebration, "AmeriCorps is not a moment, it's a movement," demonstrates the hundreds of thousands of members and volunteers, and the millions of alumni, who have committed to get things done for America during the past three decades. The HAP Foundation is celebrating by introducing our AmeriCorps Senior

Workforce Program volunteers. We are excited to welcome Dallas, Fred, Mark, Mike, Peggy, Sandi, Sherri, Terry, Wendy, Yolanda, Yolanda, & Diana.

Volunteer with Us!



Volunteers hold encouraging signs at the Butterfly Run, Walk + Flutter in 2023.

The HAP Foundation recognizes the invaluable role volunteers play in supporting the organization's events and programs. HAP's Volunteer Program aims to engage corporate, group, individual, and youth volunteers, enhance our events and programs, and contribute to the advancement of the field of serious illness care. The program offers the following volunteer opportunities:

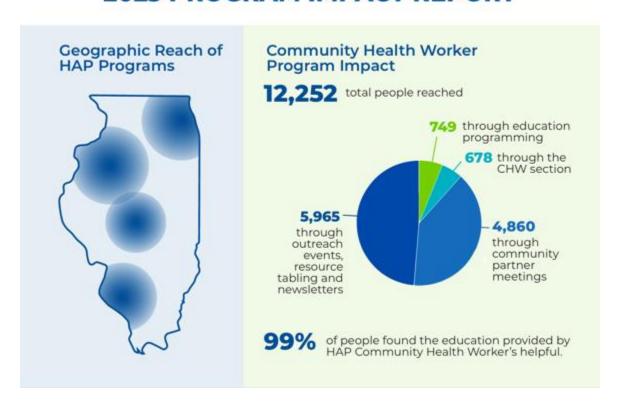
- Event support: Volunteers will assist with events by helping HAP staff with logistics, material creation, setup, and day of registration.
- Program Support: Volunteers will contribute to various program activities, such as managing and organizing inventory, creating materials, and providing administrative support.

<u>Register</u> today to volunteer. Visit our Events webpage to view upcoming volunteer <u>opportunities</u>. Stay tuned for specific ways you can volunteer throughout the year to support HAP's mission.

2023 Program Impact Report

The HAP Foundation

THE HAP FOUNDATION 2023 PROGRAM IMPACT REPORT



Some statistics from the 2023 Program Impact Report.

The HAP Foundation published its most recent Program Impact Report for 2023. The report highlights the number of individuals who were impacted by HAP initiatives including our programs, events, collaborations, partnerships, and research efforts. To read the latest report, and to learn more about HAP's impact, click here.

HAP Foundation Golf Tournament: Early reduced pricing through March 31



Golfers enjoying themselves at The HAP Foundation golf outing in 2023.

Enjoy a game of golf on Monday, June 17 at Riverside Golf Club. Hosted by Maggie Lapcewich, HAP Foundation Trustee, we are bringing the community together for some friendly competition and to learn about The HAP Foundation's continued work. Early bird pricing is available through March 31. To register for the event, click here.

National Association of Community Health Workers: Advocacy Day on Capitol Hill



CHWs and advocates at Capitol Hill.

Kandis Draw, Senior Community Health Worker, Advocacy and Research, joined community health workers, allies and advocates from across the country on Capitol Hill on March 12. The advocacy day was hosted jointly by the National Association of Community Health Workers and the U.S. arm of Partners in Health to bring critical awareness to the community health worker profession and workforce.

Psychological Tools to Support Complex Patient Care Conference



The HAP Foundation and the Colemen Palliative Medicine Training program will co-host a conference, **Psychological Tools to Support Complex Patient Care,** on April 27, 2024, from 8:30-3:00 p.m. at Malcolm X College's Conference Center, 1900 W Jackson, Chicago, Illinois.

Recent events, most notably the global pandemic, have highlighted the tremendous need for providers to provide care for the mental and emotional challenges of seriously ill patients. This conference will teach and incorporate the elements of trauma-informed care, resiliency, and communication practices to meet the unique needs of seriously ill patients. Register here for this event. If you are interested in sponsoring the event, please contact Sam Grobart at sqrobart@thehapfoundation.org.

New additions to the CHW team

The HAP Foundation's Community Health Worker team is growing! We are excited to announce three new Community Health Workers (CHWs) who have recently joined our team. Melissa Gomez and Kaitlyn Macias will both serve community members in 18 communities in West Suburban Cook County and Kai Scott will serve community members on the West Side of Chicago. The HAP Foundation's Community Health Worker team provides culturally affirming health education on a wide range of serious illness-focused topics and provides resources and care linkage for community members in need. We are currently hiring for two more CHW positions, in Lake County and the South Suburbs.

Save the Date: HAP Heritage Event on May 30, 2024



Honorees at the 2023 HAP Heritage Event.

As we honor the legacy of leaders in the hospice and palliative care community, The HAP Foundation will host the HAP Heritage Event, a luncheon at the Glen Club in Glenview on May 30, 2024. More information on registration is to come.

Annual Tax Season Signals a Review of Your Will



For many, the April 15th tax deadline is a reminder to review recent changes in their circumstances. Some significant life events should serve as notice that it may be time to create or examine your will with the potential to add a charitable organization as a beneficiary. Review the list below and use the annual tax time as inspiration to prioritize your affairs.

- A change in your marital status
- New family members
- Change in assets
- A change in your health

If you would like to add The HAP Foundation as a beneficiary in your will, retirement account, life insurance policy, or other investment, please include our Federal Tax ID #36-3820916. If you or your professional advisor have any questions or would like more information, please contact Christine Post-Duncan cpost-duncan@thehapfoundation.org, 312-741-1280.

Join the Conversation

The Community Health Learning Collaborative (CHLC) is a monthly convening of Community Health Workers (CHWs), Promotores de Salud, Community Health Representatives, CHW Allies, community members, and clinicians. It is an opportunity to discuss emerging issues in community health care, share organizational announcements, and experience fellowship with like-minded individuals! Each CHLC convening contains education programming to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check our community education page for recordings of previous sessions. To learn more, please contact Maureen Burns at MBurns@thehapfoundation.org.

Please join the CHLC for our special 2-part virtual series on March 20th & March 27th from 1:00-2:00 p.m. CST. Fred Cooper, who has worked at the Englewood Restorative Justice Community Court and the Cook County Jail in various roles, will discuss the principles of restorative justice. Through this 2-part series, Community Health Workers and their allies will learn about restorative justice, how it can be implemented within the legal system, and how it can impact the health of our communities. Attendees will also learn about peace circles, how to use them, how to repair harm caused by crime and conflict, and how to build a more just and peaceful world. Please email mburns@thehapfoundation.org to receive your invitation and links to join these virtual sessions.

Not able to attend? Check our <u>community education page</u> for recordings of previous sessions. To learn more, please contact Maureen Burns at mburns@thehapfoundation.org.

Upcoming Community Presentations

· April 25th from 12:00-1:30 p.m. CHLC featuring Zoya Sirota, the Learning and Development Manager for Trilogy Inc. This session will provide Mental Health Awareness Training (MHAT). The objective of MHAT is to increase awareness of and sensitivity to the needs of individuals with or who are at risk for mental illness. It provides tools to recognize when someone needs help and education on how to respond. MHAT explores barriers to individuals' experience in accessing care, the impact of stigma, how we can combat it, and an overview of the signs and symptoms of various mental illnesses. Click here to register for the virtual event.



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<u>The HAP Foundation</u>

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