

The HAP Foundation



HAPENINGS

Sharing stories on what's happening at HAP



Giving Tuesday: Meet Jamie Lynn, Phoebe, Laresa

Meet Jamie Lynn, Phoebe, and Laresa. Over the next month, we will be sharing the stories of these mothers through Giving Tuesday. These three moms have endured the unfathomable pain of losing a child, and the harsh reality that they did not receive the support they needed. Their collective stories highlight why our Comfort and Support Fund is so important – it allows families to focus on what truly matters and provides financial assistance with daily living expenses. Our goal is to make sure all families experiencing such unimaginable loss have the support they need. Watch their videos and consider making a donation [here](#).

HAP Heritage Event

The annual HAP Heritage event was hosted on November 2, 2023, to honor profound leaders in hospice and palliative care. In recognition of their achievements, we proudly honored Sally Downey, Jackie Holland, and Martha Mabie (posthumously) with the Ada F. Addington Lifetime Trustee Award. Additionally, we honored Michael and Diane Beemer, with the Michael and Diane Beemer Philanthropic Award, named in their honor, for their continuous philanthropic support of serious illness care. We honored Dr. Bruce Carlson (posthumously) for his dedication to serious illness care, with the Dr. Bruce Carlson Clinical Impact Award, named for his legacy. It was a special evening of celebration and remembrance for the work of these committed individuals. We would like to extend a sincere thank you to our sponsors: Diane and Michael Beemer, The Mabie Family, Francine Pepitone and Stephen Erenburg, Robert Lozins, AdvaCare Systems and Proven IT.



Matching Gift Opportunity

We are thrilled to announce your gift through the end of the year will be matched dollar for dollar up to \$15,000 thanks to a generous donor. Multiply the impact of your gift and help your neighbors, friends and family facing loss and grief receive the support they need. To donate, click [here](#).

HAP Employee Chosen as MyHospice Ambassador

Please join us in congratulating Kandis Draw, HAP Community Education Associate and Research Liaison, on her recent appointment to serve as a MyHospice Ambassador for the Hospice Action Network. This program educates elected officials and advocates for changes within the hospice community. Kandis will be the first MyHospice Ambassador from the state of Illinois and one of only a few leaders selected from across the country. We look forward to the impact she will make in this new role.

Community Health Worker Summit

On January 24, 2024, we will host the inaugural Community Health Worker (CHW) Summit, entitled ***CHWs: Innovators in Social Justice, Public Health, and Health Disparities***. Please join us at the South Shore Cultural Center (7059 S South Shore Dr., Chicago, IL 60649) for a day of celebrating CHWs, learning about their work in the serious illness space, and discussing their role in impacting health disparities. We are honored to welcome Dr. Rev. Otis Moss III as our keynote speaker for the day. Registration for this event can be completed at <https://thehapfoundation.org/chw-summit/>. If you are interested in hosting a free resource table at the event, please reach out to chw@thehapfoundation.org for an application. We look forward to seeing CHWs, CHW allies, and those who are committed to impacting health disparities in our region and beyond at this exciting event.

HAP Employee Selected for Illinois Apprentice Ambassador Program

We are proud to share that Kandis Draw, HAP Community Education Associate and Research Liaison, was selected into the first cohort for the Illinois Apprentice Ambassador Program. In this role, Kandis will serve as a champion for apprenticeship programs as she shares her own experience as a Community Health Worker Apprentice, and she will promote apprenticeships to career seekers and employers. The program provides a platform to highlight how apprenticeships increase opportunities in underserved populations. We congratulate Kandis on her selection.

HAP Announces Partnership with Child Life Hospice and Palliative Network

Leaders of the Child Life Hospice and Palliative Network (CLHPN) recently signed an agreement to partner with The HAP Foundation to further their work to integrate Child Life Specialists into pediatric hospice and palliative care. Together, CLHPN and HAP plan to educate serious illness care professionals about the benefits of providing Child Life Specialists' support to families facing the serious illness of a child, while also developing certification for Child Life Specialists in serious illness care.

Recent Community Health Worker Presentations

On November 13th, 2023, Kim Downing and Maureen Burns were honored to be presenters at the Illinois Association of Free and Charitable Clinics (IAFCC) Annual Conference, Resilient and Resourceful: Illinois' Free and Charitable Clinics Pave New Paths. They gave a presentation entitled, ***Community Health Workers: Addressing Disparities in Serious Illness Care.***

On November 8th, 2023, Kandis Draw was a panelist for ARCC Community-Engaged Research Learning Exchange at the Jesse White Community Center, and on November 15, 2023, she will present at the Community Health Worker Health Equity Summit at Chicago Medical School.

Year End Donations: Appreciated Stock

As we head into the holiday season, many people consider making their annual gifts to charity. While gifts of cash are always welcome, there may be another way to donate your year-end gifts that would provide more benefits to you at tax time. A gift of appreciated stock is a popular alternative to a gift of cash, and it generates a double tax benefit. In addition to receiving a charitable deduction for its full fair-market value, you escape tax on the capital gain on the security.

The full fair market value of a gift of long-term appreciated property (property held for more than one year) is deductible up to 30% of your adjusted gross income . You may carry forward for up to five additional years any amount over the 30% ceiling. If you are interested in making a gift of appreciated stock, please contact Christine Post-Duncan, Senior Executive Director of Finance and Estate Planning at 312-741-1280 or cpost-duncan@thehapfoundation.org.

Join the Conversation

The Community Health Learning Collective (CHLC) is a monthly convening of CHWs, Promotores de Salud, CHRs, CHW Allies, community members and clinicians. It is an opportunity to discuss emerging issues in community health care, share organizational announcements and experience fellowship with like-minded individuals! Each CHLC convening contains education programming to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check our [community education page](#) for recordings of previous sessions. To register for future CHLC programs or to learn more, please contact Maureen Burns at MBurns@thehapfoundation.org.

Please join the CHLC on November 29, 2023 at 2:00 p.m. CST for our November 2023 session, featuring Mya Gamble, MPH, CHES, Chicagoland Community Impact Director for the American Heart Association. Mya works with clinical and community organizations to assist them in developing and implementing sustainable health initiatives. Mya will present about the American Heart Association, her role as a Community Impact Director, and some examples of the American Heart Association's work in the community. Please email mburns@thehapfoundation.org to receive your invitation and link to join this virtual session.

Upcoming Community Presentations

- December 5 & 12, 2023, 1 p.m. – 3 p.m. Join us for a two-part virtual event, ***Managing Stress and Trauma Through the Community Resiliency Model: A Two-Part Event***. This training teaches people how to cultivate skills of well-being after experiencing trauma and toxic stress. Learn how to become familiar with your nervous systems and internal sensations, while developing skills to widen your resiliency and show up as your best self. Click [here](#) to register for the first part of the event, and [here](#) to register for the second. This is in partnership with Courage to Love in Action.
- December 7, 2023, 11 - Noon CST Maureen Burns of The HAP Foundation will virtually present, ***Support When Living with a Serious Illness***. Maureen will help explain the different kinds of support available and how to access care when we or someone we love is diagnosed with a serious illness. Learn about palliative care and how it can help at any stage of a serious illness. Also, she will focus on holistic hospice care for those facing end-of-life. To sign up for the virtual presentation, click [here](#). This is hosted through the Chicago Public Library.
- December 13, 2023, 1 - 2:30 p.m. CST Join us for a virtual event, ***Managing Stress and Trauma with the Community Resiliency Model (CRM) Part 2 of 2***. This presentation will discuss The Community Resiliency Model (CRM), which provides a resiliency-informed approach to trauma and toxic stress. In part two, participants will learn about how trauma and stress impact memory. This session will introduce the remaining three CRM skills, grounding, gesturing, and shift and stay. Participants will be encouraged to share skills within their social and familial networks. Click [here](#) to register for the virtual event. This is in partnership with The Village Chicago.
- December 18, 2023, 6 - 7 p.m. CST Join us for a workshop, ***Advanced Care Planning – Make Your Wishes Known*** at Rogers Park Public Library (6907 N. Clark St, Chicago, IL 60626). This in-person workshop will encourage participants to consider their wishes for their medical care in the future, in emergency situations, and for end-of-life care; and ensure those wishes are legally documented. Participants will receive access to advance care planning tools that they can use to document their wishes. To register, click [here](#) or call 312-744-0156.

Become Grief Informed: Support Following a Traumatic Death

Missing Pieces, in partnership with our family grief centers and the Child Loss Coalition, invite you to join us in learning how to support and respond to children, families, and communities impacted by deaths from overdose, substance use, homicide, or suicide. With the significant rise in sudden and traumatic deaths, it is

crucial that professionals are prepared to support the unique needs of children and families on their grief journey. The three-part series will feature experts and include a panel discussion of family members who have experienced the death of a loved one from overdose and substance abuse, suicide, or homicide.

Health care professionals, grief specialists, social workers, counselors, private practice therapists, school personnel, faith leaders, bereavement volunteers, funeral professionals, and community leaders interested in supporting grieving families are encouraged to attend. Continuing education credits will be provided for nurses, social workers, and related professionals. The cost to attend each session is \$25.

- November 16, 2023, from 8:00 am-12:30 pm CST, join us at the Carlisle in Lombard, IL, for a presentation – ***Support After a Suicide***. Please register for the event [here](#).

The HAP Foundation would like to thank the sponsor of this month's edition:



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