

The HAP Foundation



October 2023

We hope you enjoy this month's HAPPenings at HAP.

Inaugural Symposium on Serious Illness

The HAP Foundation hosted its first Symposium of Serious Illness Care on October 16-17 in partnership with the Illinois Hospice and Palliative Care Organization (IL-HPCO). The event was designed specifically for providers, clinicians, leaders, and advocates across the continuum of serious illness care, and included a panel discussion that featured five of the top palliative care physicians in the region, keynotes, breakout sessions, and networking opportunities.

*Three keynote speeches were presented from national serious illness thought leaders. Cal Cates, CEO & Executive Director of Healwell presented **Finding Our Way Back to Our Passion in Person-Centered Care**. Rory Farrand, Vice President of Palliative Care at the National Hospice and Palliative Care Organization (NHPCO) discussed **Emerging Trends in Palliative Care: A Fireside Chat** moderated by Doug Irvin, President of IL-HPCO. Torrie Fields with the Coalition to Transform Advanced Care (C-TAC) presented **Expanding Access to Palliative Care Benefits One State at a Time**.*



NHPCO Leadership Conference



*On October 3rd, 2023, Kandis Draw, Maureen Burns, Kim Downing, and Sara Dado presented at the National Hospice and Palliative Care Organization's (NHPCO) annual Leadership Conference. Their presentation, **The Three Ws of Community Health Workers: Who, What, and Why**, emphasized the important roles of CHWs in hospice, palliative, and serious illness care.*



Alongside Pediatric Palliative Care Coalition leaders in California and Pennsylvania, Kristin James represented HAP's Illinois coalition to share materials with attendees at the NHPCO Leadership Conference.



2023 Butterfly Run

The annual Butterfly Run was held on October 15, 2023, at Busse Woods in Elk Grove Village. The run brings families together to honor children who have died. The event featured a 5K run, a 1-mile walk, and a Flutter Fun Run for kids. Although it was a cold, brisk day, the crowd still ran, cheered, and participated in a bubble send-off to whisper messages to their loved ones.

The Butterfly Run raises funds for Missing Pieces, a HAP program offering support services for grieving families while building community among those honoring a child's memory.



Article in the Illinois Pediatrician

We are honored to have been published in the Illinois Pediatrician, a publication of Illinois Chapter of the American Academy of Pediatrics. "Illinois: Pioneers in Serious Illness Care for Children" describes how parent champions, clinicians, hospitals, hospices, and other community-based organizations in Illinois advocated for a better model of care for seriously ill children. Read the full article on page 22: [Illinois Pediatrician Pioneers in Serious Illness Care for Children.pdf](#)

HAP Heritage Event

The annual HAP Heritage event on November 2, 2023, will honor HAP's legacy leaders in hospice and palliative care with the Ada F. Addington Lifetime Trustee Award. This year's recipients are Sally Downey, Jackie Holland, and Martha Mabie (posthumously). Michael and Diane Beemer will receive the inaugural award, named in their honor, and recognizing their continuous philanthropic support of serious illness care. HAP is also honoring the late Dr. Bruce Carlson for his dedication to serious illness care with HAP's first Clinical Impact Award, named in his memory.

The dinner reception will begin at 5 pm and will be hosted at the Chicago Athletic Association in the White City Ballroom (12 S. Michigan Ave, Chicago, IL 60603). Tickets for the event are \$125. Please RSVP for the HAP Heritage event by October 24 [here](#).

HAP Employees Speak at Healwell Symposium

*On October 14th, Kandis Draw, Kim Downing, and Maureen Burns were among the featured speakers at the Ending Inequities in End of Life Care event hosted by Healwell. The online symposium featured national thought leaders within the end-of-life care field. The HAP employees hosted a breakout session, **CHWs: A Key Ingredient for Culturally Affirming Serious Illness Care**, where they discussed the role of CHWs in cultivating trust.*

The HAP Foundation Partners with Joe and Bella

People living with a serious illness may experience changes to their body that limit their clothing options. That's why The HAP Foundation has partnered with Joe & Bella, a company that provides stylish, comfortable adaptive apparel for people who no longer are able to easily dress themselves, providing more dignity for the wearer.

Joe & Bella is offering a 10% discount for customers using the promo code HAP. Each time this promo code is used, an additional 10% will be donated to The HAP Foundation. To view their clothing, visit <https://joeandbella.com> and use promo code HAP for a 10% discount.

For additional information on endowment giving or to review information about our endowment plan, please contact Christine Post-Duncan, Sr. Executive Director of Finance and Estate Planning at cpost-duncan@thehapfoundation.org or 312-741-1280.

Scholarship Awarded to HAP Employee

Maureen Burns, a HAP Community Health Worker, was selected by the Illinois Public Health Association (IPHA) as the 2023 recipient of the Edith Heide Memorial Scholarship. IPHA awards the scholarship to qualified graduate students within the public health field. This program was established to help increase the number of public health professionals in Illinois. We congratulate Maureen on this accomplishment as she works toward her Master of Public Health.

Cocktails and Conversations in Lake Forest

The HAP Foundation hosted its second Cocktails and Conversations event this year on October 4th at Conway Farms Golf Club in Lake Forest. The event was co-hosted by Board of Trustees members Mike Burke, Pam Cramer, and Betsy Foley to help spread the word about HAP's growing programs and initiatives. The attendees, who ranged from those who wanted to broaden their knowledge about hospice and palliative care to those who were previously committed to HAP's legacy organization, asked thoughtful questions as they learned more about The HAP Foundation's education, research, and advocacy work to advance serious illness care. Please stay tuned for future Cocktails and Conversations events near you.



National Estate Planning Weeks is October 16 - 22

During National Estate Planning Week, we highlight the four key documents that are essential for an estate plan: the will, durable power of attorney for finances, durable power of attorney for health care, and a living will or advance directive. There are many reasons to have a will. If you have children, assets, or want to ensure your medical decisions are granted in health care emergencies, consider planning your estate.

While some people hire an attorney for estate planning, there are low or no-cost options available for those with less complicated finances. Websites such as FreeWill.com are available. Additionally, check with your employer or member organizations as some offer low or no-cost access to these legal documents.

Community Health Worker Summit

On January 24, 2024, from 8:30 a.m. – 5 p.m. CST, The HAP Foundation will host its inaugural Community Health Worker (CHW) Summit, entitled **CHWs: Innovators in Social Justice, Public Health, and Health Disparities**. Please join us at the South Shore Cultural Center for a day of celebrating CHWs, learning about their work in the serious illness space, and discussing the CHW role in impacting health disparities. We are honored to welcome Dr. Rev. Otis Moss, III as our keynote speaker for the day. Registration for this event can be completed at www.thehapfoundation.org/events. If you are interested in hosting a free resource table at the event, please reach out to chw@thehapfoundation.org for an application. We look forward to seeing CHWs, CHW allies, and those who are committed to impacting health disparities in our region and beyond at this exciting event.

The Chicagoland Vaccine Partnership

The Chicagoland Vaccine Partnership (CVP) is a collaboration of 165+ organizations dedicated to building a healthier, more resilient Chicago. In each monthly meeting, there are updates from the Chicago Department of Public Health, the Cook County Department of Public Health, and community-based organizations. Maureen Burns, HAP Community Health Worker, will be the featured community speaker on November 14, 2023, from 12:00-1:00 pm CST. To join the virtual meeting, please register [here](#).

Join the Conversation

The CHLC is a monthly convening of CHWs, Promotores de Salud, CHRs, CHW Allies, community members and clinicians. It is an opportunity to discuss emerging issues in community health care, share organizational announcements and experience fellowship with like-minded individuals! Each CHLC convening contains education programming to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check our [community education page](#) for recordings of previous sessions. To register for future CHLC programs or to learn more, please contact Maureen Burns at MBurns@thehapfoundation.org.

Please join the CHLC on October 26, 2023, from 12:00-1:30 pm CST for our October 2023 session featuring The Illinois ACEs Response Collaborative. This virtual session is from the three-part training series: **Moving from Burnout to Wellness for Providers & Advocates**. Hannah Shevrin, Training and Capacity Building Manager of Illinois ACEs Response Collaborative, will identify the causes, signs, and effects of burnout in health care, education, and social services professionals. She'll highlight structural inequities that lead to burnout, define systems-induced distress and moral injury, and examine potential interventions. Click [here](#) to register for the virtual meeting.

Upcoming Community Presentations

- Join us on November 1, 2023, from 12:00-1:00 pm CST for our virtual event, ***Understanding Caregiver Stress and Self-care Strategies***. This presentation will discuss the physical, emotional, and financial stresses a caregiver may encounter. Participants will be provided with strategies for self-care and resources that may help caregivers navigate their many responsibilities. Click [here](#) to register for the virtual event.
- Join us on November 15, 2023, from 1:00-2:30 pm CST for our virtual event, ***Managing Stress and Trauma with the Community Resiliency Model (CRM) Part 1 of 2***. This presentation will discuss The Community Resiliency Model (CRM), which provides a resiliency-informed approach to trauma and toxic stress. Participants will learn about toxic stress and trauma, and the body's natural reaction to these stresses. The presentation will introduce three CRM skills to combat stress and trauma. Click [here](#) to register for the virtual event.

Become Grief Informed: Support Following a Traumatic Death

Missing Pieces, in partnership with our family grief centers and the Child Loss Coalition, invite you to join us in learning how to support and respond to children, families, and communities impacted by deaths from overdose, substance use, homicide, or suicide. With the significant rise in sudden and traumatic deaths, it is crucial that professionals are prepared to support the unique needs of children and families on their grief journey. The three-part series will feature experts and include a panel discussion of family members who have experienced the death of a loved one from overdose and substance abuse, suicide, or homicide.

Health care professionals, grief specialists, social workers, counselors, private practice therapists, school personnel, faith leaders, bereavement volunteers, funeral professionals, and community leaders interested in supporting grieving families are encouraged to attend. Continuing education credits will be provided for nurses, social workers, and related professionals. The cost to attend each session is \$25.

- October 26, 2023, from 8:00 am-12:30 pm CST, join us at the Carlisle in Lombard, IL, for a presentation - ***Support After a Homicide***. Please register for the event [here](#).
- November 16, 2023, from 8:00 am-12:30 pm CST, join us at the Carlisle in Lombard, IL, for a presentation – ***Support After Suicide***. Please register for the event [here](#).

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