# The HAP Foundation



#### Sharing stories on what's happening at HAP

### September 2023

We hope you enjoy this month's HAPpenings at HAP.

#### The HAP Foundation Featured in Chicago Tribune

The HAP Foundation was featured in a Chicago Tribune article about the importance of a diverse workforce for end-of-life care. Kandis Draw and Maureen Burns, HAP Community Health Workers, shared their stories about providing end-of-life care to family members and to members of their communities. Burns was quoted on the need for more diverse workers, "We need younger workers, older workers, Black workers, Hispanic—we need everybody, because everybody is going to need this type of care." To read the full article featured in the Chicago Tribune, click here.

## HAP President Speaks at Pension, Endowment & Foundation Central Summit

The HAP Foundation's President, Joseph Matty, was a featured panelist at the Pension, Endowment & Foundation Central Summit. With over 20 years of experience in foundation and nonprofit leadership, Matty joined several other executives in a panel titled, "Focus on Foundations," as they discussed unique challenges they experienced in 2022 and 2023 and the successful strategies they implemented to respond to them.

#### **AmeriCorps Leader Visit**

Rachael Telleen and Noelle Moore welcomed Alida Sims, our AmeriCorps Portfolio Manager, as she visited programs in Illinois and Kentucky. HAP received a three-year grant from AmeriCorps for a Senior Demonstration Project, which will help us develop a Community

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Health Worker (CHW) training program that supports individuals age 55+ in returning to the workforce in Illinois. This program is off to a great start!



#### Article in the Illinois Pediatrician

We are honored to have been published in the Illinois Pediatrician, a publication of Illinois Chapter of the American Academy of Pediatrics. "*Illinois: Pioneers in Serious Illness Care for Children*" describes how parent champions, clinicians, hospitals, hospices, and other community-based organizations in Illinois advocated for a better model of care for seriously ill children. Read the full article on page 22: Illinois Pediatrician Pioneers in Serious Illness Care for Children.pdf

#### Butterfly Run: "Why I Run" with Team MPC

The Butterfly Run was more than a walk... "It was a memorial to my son, Michael Phillip (MPC), and a place to gather with my friends and families." Wearing their light blue "TEAM MPC" T-Shirts with his precious footprints, they honored MPC's life by lifting up Nina and Mike, while surrounding them with love and support. MPC's legacy continues through Nina and Mike's commitment to donating memory boxes to local hospitals to help parents memorialize their forever-loved child and by organizing a holiday gift drive for Lightways to support families caring for a seriously ill child.

Join Nina, Mike, and Team MPC at the Butterfly Run on October 15<sup>th</sup> at Busse Woods in Elk Grove Village, IL. Lace up your shoes and walk with us to celebrate, connect, and remember. Click <u>here</u> to register or to donate to this event.



#### Notable Speakers at Inaugural Symposium on Serious Illness Care

Next month, The HAP Foundation will host its first two-day symposium, designed specifically for providers, clinicians, leaders, and advocates across the continuum of serious illness care. This educational event will include a physician panel discussion, featuring five of the top palliative care physicians in the region, keynotes, breakout sessions, networking opportunities and more.

Three keynote speeches will be presented throughout the conference. Cal Cates, CEO & Executive Director of Healwell, will present, "Finding our way back to our passion in Person-Centered Care." Rory Farrand, VP of Palliative Care, National Hospice and Palliative Care Organization (NHPCO), will discuss, "Emerging Trends in Palliative Care: A Fireside Chat." Lastly, Torrie Fields, Coalition to Transform Advanced Care (C-TAC) will present, "Expanding Access to Palliative Care Benefits One State at a Time."

The two-day event will take place at Northern Illinois University at Naperville (1120 E. Diehl

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Rd, Naperville, IL) on 10/16 from 1:00pm-4:00pm and on 10/17 from 8:30am-5:00pm. Continuing educational hours for nurses and social workers will be available. The cost to attend is \$125. Please register for the event here

#### **Community Health Worker Summit**

On January 24, 2024, The HAP Foundation will host its inaugural Community Health Worker (CHW) Summit, entitled "CHWs, Innovators in Social Justice, Public Health and Health Disparities." If you are interested in attending, register <u>here</u>. Also, if you would like to host a resource table of interest to CHW's, email <u>chw@thehapfoundation.ord</u>.

#### **Endowment Gifts Create Meaningful Legacies**

An endowment gift is a voluntary transfer of funds or assets to independent nonprofit organizations, such as The HAP Foundation. Because endowment gifts are maintained in perpetuity, they make lasting, meaningful differences for the continuation of programs far into the future.

A gift to The HAP Foundation's endowment made through your will or trust may provide your estate with valuable tax savings. Gifts from retirement accounts may provide even more tax savings. Your bequest can be a gift of a specific asset or a percentage of your estate or residue (what's left after specific bequests are made to your family). You may wish to make an endowment gift in your honor or in memory of another person. Endowment gifts can be used for the general ongoing support of HAP or it may be designated for a specific purpose. Whichever way you choose to support our organization, your endowment gift will create a permanent legacy of lasting support for our work in hospice, palliative care, and grief support services.

For additional information on endowment giving or to review information about our endowment plan, please contact Christine Post-Duncan, Sr. Executive Director of Finance and Estate Planning at cpost-duncan@thehapfoundation.ord or 312-741-1280.

#### Join the Conversation

The CHLC is a monthly convening of CHWs, Promotores de Salud, CHRs, CHW Allies, community members and clinicians. It is an opportunity to discuss emerging issues in community health care, share organizational announcements and experience fellowship with like-minded individuals! Each CHLC convening contains education programming to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check our community education page for recordings of previous sessions. To register for future CHLC programs or to learn more, please contact Maureen Burns at MBurns@thehapfoundation.org

The CHLC is happy to host Jocelyn Wilder, MPH of NORC of the University of Chicago with The HAP Foundation's Kim Downing, RN, JD, and Kandis Draw, CHW on September 26th, at 2 p.m. CST. Kandis Draw proposed a qualitative research project to understand the perceptions around hospice and palliative care of Black Americans living in Chicago. The September CHLC will discuss the partnership between The HAP Foundation, NORC, and Arreola Research and the study design, implementation, and findings of the IRB-guided, qualitative research project to investigate the experiences of Black Chicagoans in regard to hospice and palliative care. Please email <u>mburns@thehapfoundation.ord</u> to receive an invitation and Zoom link for the virtual event.

#### **Upcoming Community Presentations**

• Join us on September 26, 2023, from 7 p.m. - 8:15pm, at the Niles Public Library (6960 W. Oakton St.) for a free presentation on **Understanding Caregiver Stress and Self-care Strategies.** This presentation will discuss the physical, emotional, and financial stresses a caregiver may encounter. Participants will be introduced to the Community Resiliency Model (CRM), a biological model that uses simple skills to grow resiliency and manage toxic stress and trauma. Click here to register for the inperson event.

#### Become Grief Informed: Support Following a Traumatic Death

Missing Pieces, in partnership with our family grief centers and the Child Loss Coalition, invite you to join us in learning how to support and respond to children, families, and communities impacted by deaths from overdose, substance use, homicide, or suicide. With the significant

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rise in sudden and traumatic deaths, it is crucial that professionals are prepared to support the unique needs of children and families on their grief journey. The three-part series will feature experts and include a panel discussion of family members who have experienced the death of a loved one from overdose and substance abuse, suicide, or homicide.

Health care professionals, grief specialists, social workers, counselors, private practice therapists, school personnel, faith leaders, bereavement volunteers, funeral professionals, and community leaders interested in supporting grieving families are encouraged to attend. Continuing education credits will be provided for nurses, social workers, and related professionals. The cost to attend each session is \$25.

October 26, 2023, from 8:00am-12:30pm, join us at the Carlisle in Lombard, IL, for a presentation - **Support After a Homicide.** Please register for the event here

#### **Pediatric Palliative Care Webinar**

## Blending the Art & Science of Child Life to Foster Choice, Connection, and Agency in Pediatric Patient

#### September 21, 2023, 2:00pm CST

This presentation will provide professionals with education and tools on how to involve children in decision making commensurate with their development, medical knowledge, and interest in participating in their medical treatment. Theories of developmental science, psychology, and thanatology will be used to foster understanding of how to develop child-centered strategies and tools to use in your practice to address the unique needs of the pediatric palliative care patient and their family. To learn more or watch the webinar, register here

