

The HAP Foundation



July 2023

We hope you enjoy this month's HAPpenings at HAP.

Hospice Action Day on Capitol Hill

Sara Dado, our Executive Director of Adult Palliative Programs, attended Hospice Action Day last month on Capitol Hill. On behalf of HAP and the state of Illinois, she raised awareness for hospice and palliative care support and legislation supporting education to improve access to care for seriously ill individuals. Thanks to Hospice Action Network (HAN) and the National Hospice and Palliative Care Organization (NHPCO) for leading this event.

Chicago AHEC Scholar

Maureen Burns, Senior Community Education Associate and Research Liaison, was selected as a Chicago Area Health Education Centers (AHEC) Scholar. The national program is designed to prepare students for the challenges and opportunities facing today's health professions, and to ensure that they are effectively contributing as up-and-coming health professionals. We look forward to all that Maureen will accomplish with this program.

South Side Healthy Community Organization Advisory Council

The South Side Healthy Community Organization (SSHCO) appointed Kandis Draw, Community Education and Research Liaison, to their Community Advisory Council. The SSHCO is comprised of 13 health care organizations on the south side of Chicago. The organization aims to build a health care system that will prioritize community needs as they make earlier interventions and responses. The advisory council will provide regular input on issues of interest for the broader community. We are excited to see the impact Kandis will make for south side communities.

New HAP Team Members

This month we warmly welcome two new Grief Counselors to The HAP Foundation: Lanie Kuhlman and Leslie Leitner will be working with family and community members who have been impacted by the death of a child. We are excited to have their support and expertise.

Lanie Kuhlman is a licensed clinical professional counselor, who has been working in the field of mental health for over 20 years. Lanie comes to HAP with an extensive background in clinical assessments with all age groups and has experience working with anxiety, depression, grief and loss, crisis, medical illness, and life transitions. She is currently pursuing her Child Life Certification.

Leslie Leitner is a licensed clinical social worker with over 15 years of diverse experience working in behavioral health with children, adults, and families. She has vast training and experience as a member of a palliative care team and a hospice team where she led the bereavement programs. Leslie specialized in working with individuals and families who have coped with serious illness, end of life care, and grief and loss. She is also an experienced clinician who provides individual, couples, and group therapy, with a focus on treating anxiety, depression, grief and loss, relational concerns, and general life transitions.

Join the Conversation

The HAP Foundation's Community Health Learning Collective (CHLC)

The CHLC is a monthly convening of CHWs, Promotores de Salud, CHW Allies, community members and clinicians. It is an opportunity to discuss emerging issues in community health care, share organizational announcements and experience fellowship with like-minded individuals! Each CHLC convening contains education programming to encourage us, inform our work, and open dialogue about critical issues that impact our organizations. Not able to attend? Check our [community education page](#) for recordings of previous sessions. To register for future CHLC programs or to learn more, please contact Maureen Burns at MBurns@thehapfoundation.org.

- The CHLC is eager to host Ujimaa Medics (UMedics), a Black health collective, on July 27, 2023 from 1 p.m. – 3 p.m., to discuss community safety planning. The workshop will give you tips and techniques on how to regard your own safety, as well as the safety of others in case of an emergency, tips on how to effectively call 911, and survival skills to access health equity and long-term wellness for everyone. Click [here](#) to register.
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Upcoming Community Presentations

- On July 25, 2023, at 6 p.m. CST, join us virtually at the Woodson Regional Library for a free presentation on Caregiving Resilience – How to Cope. This presentation will focus on the tools and resources you can use as you navigate caregiver stress.
 - July 25, 2023, 11 a.m. - Noon, Managing Stress and Trauma: The Community Resiliency Model (CRM) – Part 2, virtually. Click [here](#) to join the meeting.
 - July 26, 2023, 7 p.m. – 8 p.m., Support When Living with a Serious Illness, virtually and in person at the Morton Grove Public Library. Click [here](#) to register.
 - July 27, 2023, 6 p.m. - 7:30 p.m., Managing Stress and Trauma: The Community Resiliency Model (CRM) – Part 2, virtually. Click [here](#) to register.
 - August 9, 2023, 6 p.m. - 7:30 p.m., Coping with Grief and Loss, in person at the Rogers Park Library. Click [here](#) to register.
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Pediatric Palliative Care Webinar

Whole Person Care: Looking at the Child Behind the Medical Complexity

August 15, 2023, 2 p.m. CST

When seeing a child with a medical condition, often only the tubes and attached medical devices are seen and not the child. In palliative and hospice care, one of our strongest tenets is to help our patients live until they die, focused on quality of life. However, if a child has a challenging medical condition or disability, assumptions may be made as to what a quality of life can or does entail. Utilizing the Models of Disability and personal anecdotes, the presenters will illustrate how we can better provide equitable and inclusive care for all our patients and their families. To watch the webinar, register [here](#).

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