

Join Us!

Coping with Grief and Loss, Part Two: A Chance to Share

This session will serve as a follow up to the previous Coping with Grief and Loss session held on May 24th. This session will provide a more open forum to share and discuss grief and loss. We aim to build a safe space to honor loss, integrate grief, and support one and other. Anyone who wishes to may share stories of lost loved ones or insights into their own grief journey. We will also introduce some ideas and activities for creating rituals and honoring grief. Resources for grief support will also be shared.

Whether you wish to share or just listen, you are welcome!

**Thursday June 8th, 2023, from 11:00 AM
to 12:00 PM CST
Virtual Event via Zoom**



Registration

[Click here to register](#)

