

The HAP Foundation



Sharing stories on what's happening at HAP

March 2023



Hear from Lynda Bollman, Chair of the Board of Trustees, on her mission to continue access to hospice and palliative care at The HAP Foundation.

We hope you enjoy this month's HAPpenings at HAP.

Regional Pediatric Palliative Care Learning Series and Networking Reception

We are on the road! Beginning this month, our Pediatric Palliative Care Coalition will be traveling across the state to bring awareness to the new pediatric palliative care program law, share tips for caring for seriously ill children and hear from parents on their experience of partnering with palliative care and hospice teams in their journey caring for their seriously ill child. Additionally, The HAP Foundation team will share new initiatives occurring with adult serious illness care. This event is a great opportunity to network with others who are committed to improving the lives of seriously ill adults and children and their families.

3:00 p.m. Listening & Learning Session: "Top Tips for Caring for Children"

5:30 p.m. Networking Reception

If you or someone you know may be interested in attending these free events, please register below.

PEORIA

March 29, 2023

Country Club of Peoria, 4700 N. Grandview Drive, Peoria Heights, IL 61616

[Register Here](#)

ROCKFORD

April 12, 2023

Franchesco's Ristorante, 7120 Spring Creek Road, Rockford, IL 61107

[Register Here](#)

COLLINSVILLE

May TBD

Inaugural Serious Illness Symposium Coming in October

HAP is excited to announce that we will be hosting our 1st Annual Serious Illness Symposium. This exciting and innovative new event will take place on October 16 - 17. This event will provide opportunities for collaborative education, networking and learning from experts across the country in the field of serious illness, palliative care and hospice. More information to come in the weeks ahead but please mark your calendars now! [Click here to view the save the date.](#)

Testimony for HB 3571 – Hospice Care Loan Repayment

Last week, Sara Dado, Executive Director of Adult Palliative Care Programs, presented testimony to the Illinois House of Representatives Human Services Committee in support of HB 3571 - Hospice Care Loan Repayment. The Illinois Hospice and Palliative Care Organization (IL-HPCO) is leading the efforts behind this bill, and we are proud to support them.

At The HAP Foundation, we know that the number one area of concern for hospice leaders and administrators continues to be staff shortages and retention. Many hospices are small, serving rural and underserved communities, providing essential end-of-life care in the home setting. Hospices have been unable to compete with large hospitals and health systems as they have ramped up hiring incentives. As a result, hospices have found themselves losing staff at extraordinary rates with not enough new staff coming in to make up for the loss. These staff shortages not only affect patient care but also limit hospice's ability to serve those most in need of the care, which are rural and underserved communities.

Passage of HB 3571 will give hospice providers a critical resource for recruitment and retention. It will help support finding and keeping the best, most highly motivated individuals needed to do this important work, serving our most vulnerable citizens and their families at the time when they are most needed. The HAP Foundation will continue to encourage the passage of this bill in support of all hospice providers and the caring teams who diligently provide this important care in the home.

Continuing Education Units for Social Workers

In recognition of Social Work Month, we are proud to announce that we have been approved to provide continuing education units for licensed clinical social workers in Illinois. Social workers are vital members of hospice and palliative care teams, and we appreciate the work that they do for patients and their families.

To find out more about The HAP Foundation's continuing education offerings, contact Sara Dado, Executive Director of Adult Palliative Care Programs, at sdado@thehappfoundation.org.

The Beauty of Beneficiary Designations

Beneficiary designations can help protect your estate and avoid probate. Designating beneficiaries on your retirement accounts, life insurance policies and investment, checking and savings accounts can easily be forgotten or fall to the bottom of your to-do list. But here's why accomplishing this task should become your priority.

Beneficiary designations can play a powerful role in your estate plan – You can name who should inherit your assets without adjusting your will or trust. In fact, beneficiary designations take precedence over wills and trusts in most cases.

Beneficiary designations avoid probate – Because these designations supersede will and trust instructions, they avoid the probate process and ensure that assets can be transferred to heirs without delay.

Beneficiary designations are simple – Many institutions offer the convenience of updating beneficiary designations online.

Beneficiary designations are an easy way to include charitable gifts in your estate plan – Beneficiaries can be charitable organizations as well as individuals. This is especially advantageous when leaving a gift to charity from your IRA or retirement account. Because funds in these accounts were made with pre-tax dollars and qualified charities are non-taxable entities, these funds completely avoid taxation.

If you are considering making The HAP Foundation one of your beneficiaries please include our Federal Tax ID number, also known as an EIN, 36-3820916.

Please contact Christine Post-Duncan, Sr. Director of Finance and Estate Planning if you would like to learn more about beneficiary designations at cpost-duncan@thehapfoundation.org or 312-741-1280.

Join the Conversation

The HAP Foundation's Community Health Learning Collective

The CHLC is a monthly convening of CHWs, Promotores de Salud, CHRs, CHW Ally's, community members and clinicians. It is an opportunity to discuss emerging issues in the field, share organizational announcements and experience fellowship with like-minded individuals! Each CHLC contains education programming to encourage us, inform our work and open dialogue about critical issues that impact our organizations. Not able to attend? Check our community education page for recordings of previous sessions [HAP Foundation](#).

To register for any of our CHLC programs or to find out more about the CHLC, please contact Maureen Burns, Senior Community Education Associate and Research Liaison at The HAP Foundation at mburns@thehapfoundation.org.

- In March, the CHLC is eager to host Margarita Reina, Senior Epidemiologist at the Chicago Public Health Department. Margarita will be speaking about data literacy and guiding the group through ways CHWs can utilize data to inform and impact the community. Margarita will be sharing her expertise with the group on **March 23, 2023, Noon-1:30 p.m. CT.**

Upcoming Community Presentations

- [Virtual Community Resistance Model \(CRM\) workshop with Edgewater Library and Edgewater Village, 3/16/23.](#)
- [Coping with Grief and Loss presentation in person at the Evanston Library, 3/20/23](#)
- [Virtual Navigating Caregiving presentation at Sulzer Library, 3/21/23](#)
- [Virtual CRM Workshop Part Two with PIH, 3/27/23](#)
- [Navigating Caregiving presentation in person at the Evanston Library, 3/27/23](#)

Pediatric Palliative Care Webinar

Common Problem - Uncommon Solution: Managing Pediatric Pain with Methadone

March 16, Thursday - 12:00 PST | 1:00 MST | 2:00 CST | 3:00 EST

Methadone, when dosed appropriately, may improve pain control for children even when other opioids have been insufficient. Providers are often hesitant to prescribe methadone for children due to somewhat complex pharmacology. Attendees will apply knowledge gained from this session to patient case studies, increasing confidence and understanding when to initiate, monitor, and care for children on methadone safely and effectively. Register [here](#).

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18W140 Butterfield RD. Suite 1120, Oakbrook Terrace, IL 60181